

Abstract

Aim: Having a health issue is very important for all human beings. Despite the overall importance of health literacy in the special role that can be associated with various diseases, Note researchers in recent years have attracted and studies on all aspects and factors influencing it has become an efficient tool in health care. The aim of this study was to evaluate and compare the cardiovascular health literacy of patients hospitalized in educational (governmental) hospitals and private Kerman is in the first quarter of 2015.

Method: The study used survey methods, analytical and cross-sectional method. Information collected through questionnaires distributed functional health literacy in adults that is comprised of two parts: reading comprehension and calculation among 200 patients hospitalized for cardiovascular educational (governmental) and private city of Kerman. For data analysis software spss version 21 was used.

Results: Results showed that the mean score of 41.5 health literacy in educational (governmental) hospitals and private hospitals is equal to 72.91. Therefore with regard to the division between the scores obtained can say educational hospitals (governmental) inadequate state and private hospitals in the state are marginal or borderline of Functional Health Literacy and The difference between the two types of hospitals and health literacy score was significant ($p\text{-value} < 0.0001$).

Conclusion: The findings showed that most of these people with inadequate health literacy and marginal (border) respectively. As well as health literacy in patients admitted to private hospitals in Kerman most of the patients hospitalized in teaching hospitals it. The officials and health professionals should be so, given more time to understand and treatment guidelines to allocate these patients. Thus, health literacy to empower people in utilizing information and instructions about your health.

Keywords: health literacy, Cardiovascular disease, hospitalized patients, educational hospitals, private hospitals, Kerman city